



PGSL 2022 COVID SAFETY PROTOCOLS (updated January 19, 2022)

Pacifica Girls Softball League (PGSL) is excited to welcome players back for this season. Softball is a sport well-suited to the safety demands of COVID-19. To this end, the PGSL Board has established a set of safety protocols informed by guidance from USA Softball, State of California guidelines, Pacifica School District, California Department of Public Health (CDPH), the Center for Disease Control (CDC).

General Notes:

- While participating in PGSL activities, we will generally follow the CDPH's Outdoor and Indoor Youth and Recreational Adult Sports Guide, and the CDC's Consideration for Youth Sports Administrators.
- These safety protocols apply to all PGSL practices and games.
- In the case of away games, we will follow this policy unless required by the home team to follow stricter measures.
- Local, state, or federal mandates will supersede this policy in the case of a conflict.

What are the expectations of players?

- Players must wear a face mask when there is a high likelihood of sustained close proximity to others (within 6 feet for more than a few minutes), such as in the dugout.
- Players should clean their hands before and after practices, games, and avoid sharing equipment, other than bats. Players are recommended to have their own hand sanitizer.

What are the expectations of parents and families?

- Families must do a self-assessment at home to ensure players are symptom-free, before attending PGSL activities.
- Spectators are not required to wear face masks unless they are in close physical proximity to league participants (within 6 feet for more than a few minutes) who live in a different household.
- Families are encouraged to wipe down all personal equipment at home, wash hands with soap and water for 20 seconds, and wash face masks when needed.
- If a player has been exposed to COVID-19 through the household, school, or any other setting, parents must notify the Safety Officer via email at safetyofficer@thePGSL.com.

What are the expectations of League Officials (coaches, umpires, and volunteers)?

- League officials must enforce this policy at all times during PGSL events.
- League officials must wear a face mask when there is a likelihood of sustained close proximity to others (within 6 feet for more than a few minutes), such as in the dugout.
- Coaches will sanitize common equipment (except bats, balls, tees, and nets) after each practice or game.
- League officials reserve the right to remove players, coaches, or spectators from practices, games, or other league events should these precautions be ignored.
- The PGSL Board of Directors may update this policy at any time in response to evolving conditions and information.

Who is our primary contact for COVID concerns?

Although we all share responsibility in reducing our personal and community risks from COVID, the Board of Directors includes a role of Safety Officer, who is responsible for responding to COVID-19 concerns on behalf of the PGSL Community. Our Safety Officer has the full support of the PGSL Board and can be reached via email at safetyofficer@thePGSL.com. All coaches, staff, officials, and families should contact our Safety Officer with any questions or concerns.

What happens in the event of an exposure or positive case?

In general, PGSL will follow the [Pacifica School District's policies](#) for COVID-19 response and exposure. If a student cannot attend school, they also cannot participate in PGSL events.

- Players, coaches, and spectators are asked to stay home if they feel sick or if they are experiencing symptoms. This is a crucial preventative measure in maintaining health and safety for all. If symptoms are consistent with COVID-19, players, coaches, and spectators may not return to PGSL activities until they have met CDPH criteria for those with symptoms, which consist of:
 1. Symptoms have improved over a 24 hour period, and they are fever-free for 24 hours without medication, and
 2. One of the below:
 - a. they have provided a negative COVID test within the past 72 hours, or
 - b. a health provider has confirmed a different diagnosis, or
 3. a health provider has certified that the symptoms are typical, i.e. common cold and/or seasonal
- If a player is exposed to COVID-19 through school or their household, we will follow the Pacifica School District's checklist for COVID-19 exposure. Note that as part of the modified quarantine for unvaccinated players who were exposed, the players will quarantine for activities within the community setting, which includes PGSL.
- If a player is positive for COVID-19, the Safety Officer, in conjunction with coaches and the President of the Board of Directors, will notify other teams in the league as appropriate.
- PGSL Officials will communicate directly with players' parents in the case that their child was exposed to a positive COVID case through PGSL practices or games.