



## **PGSL 2022 COVID SAFETY PROTOCOLS (updated January 19, 2022)**

Pacifica Girls Softball League (PGSL) is excited to welcome players back for this season. Softball is a sport well-suited to the safety demands of COVID-19. To this end, the PGSL Board has established a set of safety protocols informed by guidance from USA Softball, State of California guidelines, Pacifica School District, California Department of Public Health (CDPH), the Center for Disease Control (CDC).

### **General Notes:**

- While participating in PGSL activities, we will generally follow the CDPH's Outdoor and Indoor Youth and Recreational Adult Sports Guide, and the CDC's Consideration for Youth Sports Administrators.
- These safety protocols apply to all PGSL practices and games.
- In the case of away games, we will follow this policy unless required by the home team to follow stricter measures.
- Local, state, or federal mandates will supersede this policy in the case of a conflict.

### **What are the expectations of players?**

- Players must wear a face mask when there is a high likelihood of sustained close proximity to others (within 6 feet for more than a few minutes), such as in the dugout.
- Players should clean their hands before and after practices, games, and avoid sharing equipment, other than bats. Players are recommended to have their own hand sanitizer.

### **What are the expectations of parents and families?**

- Families must do a self-assessment at home to ensure players are symptom-free, before attending PGSL activities.
- Spectators are not required to wear face masks unless they are in close physical proximity to league participants (within 6 feet for more than a few minutes) who live in a different household.
- Families are encouraged to wipe down all personal equipment at home, wash hands with soap and water for 20 seconds, and wash face masks when needed.
- If a player has been exposed to COVID-19 through the household, school, or any other setting, parents must notify the Safety Officer via email at [safetyofficer@thePGSL.com](mailto:safetyofficer@thePGSL.com).

### **What are the expectations of League Officials (coaches, umpires, and volunteers)?**

- League officials must enforce this policy at all times during PGSL events.
- League officials must wear a face mask when there is a likelihood of sustained close proximity to others (within 6 feet for more than a few minutes), such as in the dugout.
- Coaches will sanitize common equipment (except bats, balls, tees, and nets) after each practice or game.
- League officials reserve the right to remove players, coaches, or spectators from practices, games, or other league events should these precautions be ignored.
- The PGSL Board of Directors may update this policy at any time in response to evolving conditions and information.

### **Who is our primary contact for COVID concerns?**

Although we all share responsibility in reducing our personal and community risks from COVID, the Board of Directors includes a role of Safety Officer, who is responsible for responding to COVID-19 concerns on behalf of the PGSL Community. Our Safety Officer has the full support of the PGSL Board and can be reached via email at [safetyofficer@thePGSL.com](mailto:safetyofficer@thePGSL.com). All coaches, staff, officials, and families should contact our Safety Officer with any questions or concerns.

### **What happens in the event of an exposure or positive case?**

In general, PGSL will follow the [Pacifica School District's policies](#) for COVID-19 response and exposure. If a student cannot attend school, they also cannot participate in PGSL events.

- Players, coaches, and spectators are asked to stay home if they feel sick or if they are experiencing symptoms. This is a crucial preventative measure in maintaining health and safety for all. If symptoms are consistent with COVID-19, players, coaches, and spectators may not return to PGSL activities until they have met CDPH criteria for those with symptoms, which consist of:
  1. Symptoms have improved over a 24 hour period, and they are fever-free for 24 hours without medication, and
  2. One of the below:
    - a. they have provided a negative COVID test within the past 72 hours, or
    - b. a health provider has confirmed a different diagnosis, or
  3. a health provider has certified that the symptoms are typical, i.e. common cold and/or seasonal
- If a player is exposed to COVID-19 through school or their household, we will follow the Pacifica School District's checklist for COVID-19 exposure. Note that as part of the modified quarantine for unvaccinated players who were exposed, the players will quarantine for activities within the community setting, which includes PGSL.
- If a player is positive for COVID-19, the Safety Officer, in conjunction with coaches and the President of the Board of Directors, will notify other teams in the league as appropriate.
- PGSL Officials will communicate directly with players' parents in the case that their child was exposed to a positive COVID case through PGSL practices or games.